

January 29, 2026: On Why Do We Say Bless You When Someone Sneezes

Why do we say bless you when someone sneezes? Because we are blessing them after their body rid itself of an evil spirit.

Don't forget that world. **Elon's team and the American military have literally positioned themselves as the 'evil spirit.'** (Seriously, **look at Elon's** family and personal **history** - why the fuck is the USA military doing billions of dollars of business with that man?! **Is he even American?! Born in South Africa on June 28, 1971.**)

(Making us sneeze on command is one of the proven 'tools' being used by this technological demon that lords itself over our life - day and night, night and day. You be the judge. I have already made my decision about who they are and what they represent.)

✦ AI Overview

Saying "bless you" after a sneeze originates from ancient superstitions that a sneeze could expel one's soul, leaving the body vulnerable to evil spirits, or from 14th-century [Europe](#) during the plague, where it served as a prayer for protection. Today, it is primarily a polite, automatic social gesture wishing good health. [🔗](#)

Key Reasons for the Tradition:

- **Protection from Evil/Death:** Ancient beliefs suggested a sneeze could cause the soul to leave the body, requiring a blessing to prevent the devil from taking it.
- **Bubonic Plague:** During the 6th and 14th centuries, a sneeze was a symptom of the plague. Pope Gregory I (around 590 AD) reportedly requested that "God bless you" be said to protect the sick person.
- **Expelling Spirits:** Some cultures believed a sneeze forced evil spirits out of the body, and the blessing prevented them from re-entering.
- **Heart Stopping:** A common myth was that the heart momentarily stops during a sneeze, making "bless you" a welcome back to life. [🔗](#)